

Do You Need a Flu Vaccine?

The LA County Department of Public Health is offering flu vaccines at no charge to people who don't have health insurance or whose healthcare provider does not offer flu vaccines.

Flu vaccines are recommended for <u>everyone</u> six months of age and older, including healthy adults. It's especially important to get a flu vaccine if you are:

- 6 months through 18 years old
- 50 years or older
- Pregnant or just had a baby
- Morbidly obese
- A health care provider
- Living in a nursing or other long-term care home
- Living with a weakened immune system or a chronic medical condition (like diabetes, heart disease or lung disease)
- Living with or caring for someone
 - > Under 5 years old
 - > 50 years of age or older
 - > With a chronic medical condition

Date	Time	Location
11/12/2010	9:00 AM to 1:00 PM	East Dominquez Church, 4513 E. Compton Ave., Compton, CA 90262
11/13/2010	11:30 AM to 4:30 PM	Congregational Church, 2085 S. Hobart Ave., Los Angeles, CA 90018
11/14/2010	9:00 AM to 1:00 PM	St. Emidyius Church, 10900 California Street, Lynwood, CA 90262
11/15/2010	9:00 AM to 1:00 PM	Dollarhide Senior Center, 1108 Oleander Ave. Compton, CA 90222
11/16/2010	10:00 AM to 1:00 PM	Watts Senior Center, 1657 E. Century Bl., Los Angeles, CA 90002
11/18/2010	11:00 AM to 4:00 PM	Central Avenue Farmers Market, 4301 Central Ave., Los Angeles, CA 90011
11/21/2010	9:00 AM to 1:00 PM	St. Agatha Church, 2610 Mansfield Ave., Los Angeles, CA 90016
12/5/2010	9:00 AM to 3:00 PM	City of Refuge, 14527 S. San Pedro Street, Gardena, CA 90248

- You may also be able to get a vaccine against pneumococcal disease (PPSV) and whooping cough (Tdap) at the vaccine clinic.
- Dates and times are subject to change. Please check the latest clinic list at www.publichealth.lacounty.gov or call 323 563 4092 to confirm before you go.
- If you have a severe egg allergy or are sick the day of the clinic, check with your health care provider before getting vaccinated.

